

## SPEED - 15 years and older - Recreational

Penalty

Ranking	Name	Team	Result	Time	1	2
4	Mika Bakker	Chimp and see	16,18	16,18		
5	Julian Blom	Team Voltea	17,63	17,63		
6	Mats Stam	Okk	17,66	17,66		
7	Jarno Tuitert	Chimp and See	18,12	18,12		
8	Gjalt Friso	Thunderbolt Freerunning	18,16	18,16		
9	Ruben Dijkstra	Eijer producties	19,22	19,22		
10	Ivan Blokland	Okk	19,58	19,58		
11	Pascal Van Der Kooi	Witteborg	19,99	19,99		
12	Wilco Schouten	Eijer Producties	20,02	20,02		
13	Rein Stapert	Obq leeuwarden	20,28	20,28		
14	Daan Snorn	Eijer Producties	20,57	20,57		
15	Jarno Wijnen	Chimpandsee	21,47	21,47		
16	Luuk Tel	Team ABC	21,71	21,71		
17	Corné Nuwolt	Eijer Producties	22,53	22,53		
18	Jens de Roos	Eijer Producties	22,88	22,88		

Penalty 1 = The use of knees and/or elbows will result in a time penalty of 1 second for each instance.

## SPEED - 15 till 18 years - Advanced

Penalty

Ranking	Name	Team	Result	Time	1	2
1	Tim van den Bergen	S.O.S Voorburg	14,82	14,82		
2	David de Boer	WSBF Surhuisterveen	15,18	15,18		
3	Tangui van Schingen	JUMP freerun	15,64	15,14	0,5	
4	Jaco Tombolani	Krap	15,97	15,97		
5	Oscar Koops	Freerun University	16,01	16,01		
6	Joued Slabbekoorn	JUMP Freerun Den Haag N	16,40	15,90	0,5	
7	Mads Herman	Freerun University	16,62	16,62		
8	Tobias Roest	Munki Motion	16,66	16,66		
9	Toens Lamers	Eijer Producties	17,23	17,23		
10	Nykele Linnemans	Eijer Producties	17,56	17,56		
11	Emilio Halmingh	Chasers	17,86	17,86		
12	Bas du chatinier	Jumpfreerun	18,06	18,06		
13	Tom Kersten	Eijer Producties	18,07	18,07		
14	Tijs Douwe Wiersma	jump freerun	18,46	18,46		
15	Liam Sal	Freerun University	18,50	18,50		
16	Juriaan Goudsblom	Freerun University	20,24	20,24		
17	Gandhi Delissen	Eijer Producties	20,35	20,35		
18	Stern Ramakers	Freerun University	20,54	20,54		

Penaly 1 = The use of knees and/or elbows will result in a time penalty of 1 second for each instance.

Penaly 2 = Starting to early will result in a time penalty of 0,5 second.

## SPEED - 15 years and older - ALL FEMALE

Penalty

Ranking	Name	Team	Result	Time	1	2
1	Noa Diorgina Man	JUMP freerun	18,30	18,30		
2	Wendy Ruijfrok	Freerun University	20,26	20,26		
3	Marianne Scholte	Team ABC	21,44	21,44		
4	Amber Crom	Eijer Producties	21,70	21,70		
5	Mera Hofstra	-	26,25	26,25		
6	Femke Landman	Jump FreeRun Ninja Acade	26,59	26,59		
7	Astrid Witte	Witteborg Sport	71,91	71,91		

Penaly 1 = The use of knees and/or elbows will result in a time penalty of 1 second for each instance.

Penaly 2 = Starting to early will result in a time penalty of 0,5 second.

## SPEED - 19 years and older - Advanced

Penalty

Ranking	Name	Team	Result	Time	Penalty	
					1	2
1	Stan Jansen	Elevation Freerun	15,16	15,16		
2	Joachim Dinkelman	Munki Motion	15,29	15,29		
3	Job Hammer	Chimpandsee	15,74	15,74		
4	Michel Kasper	Munki Motion	16,23	16,23		
5	Siemen Danjel van De	Eijer Producties	16,39	16,39		
6	Luca Beaufort	Parkour Store	16,83	16,83		
7	Wesley Sijm	4motion	17,21	17,21		
8	Nicholas Tettero	Freerun university	17,94	17,94		
9	Luca Siehl	Parkour Store	18,28	18,28		
10	Goku Destina	Team ABC	18,39	18,39		
11	Ibe Schuite	Chimp and See	18,82	18,82		
12	David Hung Si Dam	Elevation Freerun	19,92	19,42		0,5

Penaly 1 = The use of knees and/or elbows will result in a time penalty of 1 second for each instance.

Penaly 2 = Starting to early will result in a time penalty of 0,5 second.